



# FEBRUARY

## at the center table

**MENU** is subject to change depending on availability and weather.

**WHEN** Lunch is served from noon to 1 p.m. Monday through Friday at the SWOT Community Center.

**SUGGESTED DONATIONS**  
 • \$4 for those 60 years and older  
 • and \$6 for those under 60.

**BIRTHDAY CELEBRATION**  
 • Join us on the first Thursday to celebrate this month's birthdays.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Baked chicken Steamed veggies <b>Birthday cake</b> Milk 1	Soup and salad bar Dinner roll Fruit Cookies Milk 2
Beef stew Salad bar Dinner roll Dessert Milk 5	Quiche Salad bar Dinner roll Fruit Milk 6	Build-a-burger bar Fruit Cookies Milk 7	Italian meatloaf Mashed potatoes Vegetables Milk 8	Meaty salad bar Dinner roll Fruit Dessert Milk 9
Sweet and sour chicken with rice Salad bar Dessert Milk 12	Pizza Salad bar Garlic bread Fruit Milk 13	<b>VALENTINE'S LUNCHEON</b> Prime rib roast Potato casserole Salad Chocolate mousse Milk 14	Taco bar Leafy green salad Cookie Milk 15	<b>BREAKFAST FOR LUNCH</b> Eggs and bacon Hash browns Juice Milk 16
Roast pork Mashed potatoes and gravy Baked veggies Dessert & milk <b>PRESIDENTS' DAY</b> 19	Spaghetti with meat sauce Salad bar Garlic bread Fruit Milk 20	Pulled pork sandwiches Coleslaw Dessert Milk 21	Beef stroganoff with noodles Leafy green salad Dessert Milk 22	Pancakes with toppings Eggs and bacon Fruit Juice Milk 23
Lasagna Salad bar Garlic bread Dessert Milk 26	Fried chicken Potato salad Fruit Milk 27	Chicken fried steak Mashed potatoes and gravy Vegetable Dessert Milk 28	<b>VALENTINE'S LUNCHEON</b> Join us at noon on Feb. 14 for prime rib roast, potato casserole, salad, chocolate mousse and milk. RSVPs are appreciated.	